

**Most parents wonder at times if their child is growing and developing like other children the same age. If you are concerned that your child is growing or learning at a slower rate than other children, help is available through the Early Development Network and your local school district. Contact your local school superintendent or the Early Development Network (1-800-531-9316) if you would like more information.**

**All children develop at different rates. Here are some guidelines for you to see how your child is developing:**

### **3 months**

- Lift head and chest when laying on stomach
- Follow a moving object or person with my eyes
- Grasp a rattle or finger
- Wiggle and kick my legs
- Smile back at people
- Make cooing or babbling sounds
- Cry in different ways to tell you what I need

### **6 months**

- Hold my head up and look all around
- Recognize familiar faces and smile at you
- Coo, giggle and make lots of sounds
- Push up on my hands and knees
- Roll from my back to stomach and from my stomach to back
- Love to be held and cuddled
- Search (look) for sounds and turn head towards sound

### **9 months**

- Sit up without much help
- Begin to pull myself up and stand with help
- Crawl or scoot myself forward
- Use my thumb and finger together to pick up little things
- Recognize and look for familiar people
- Start to imitate and make sounds like real words (momma, dada)
- Love to dump toys or things out of containers

### **12 months**

- Stand alone holding on to furniture
- Walk along the furniture while holding on
- Take beginning steps towards walking alone
- Say a few meaningful words
- Point to a few objects when asked to find them
- Dance or bounce to music
- Respond to own name
- Want parents or caregivers to always be where I can see them

- Show fear or anxiety of people I don't know

### **18 months**

- Walk without help
- Climb up and down on things
- Stand up and sit down without holding on
- Like to push, pull, and take things apart
- Begin to show a "temper" when I can't do something I want
- Understand simple one step directions
- Use more meaningful single words and gestures
- Use words together
- "Cling" to caretakers in new situations

### **2 years**

- Walk, run, and climb without help
- Go up and down stairs without holding on
- Love to use the word "no"
- Have frequent temper outbursts, when I'm mad, tired, or upset
- Put two and three words together in simple sentences
- Use about 50 words frequently
- Sing songs or say rhymes
- Feed myself and drink from a cup without a lid
- Resist sharing my toys with other children

### **3 years**

- Jump up and down
- Begin to pedal a riding toy
- Throw a big ball and catch it
- Sort two objects that match
- Play with others and share toys sometimes
- Talk in short sentences and try to tell you what I'm feeling
- Ask what and why questions

### **4 years**

- Talk with words in sentences that can mostly be understood (75% of what is said)
- Draw simple circles and stick figure people
- Match and name 3 or 4 colors
- Climb up and down a slide by myself
- Put together simple puzzles with 5 or 6 pieces
- Follow simple two step directions
- Use the toilet with just a little help

## **5 years**

- Can dress and undress myself without much help
- Run, jump, skip, and climb with ease
- Follow three step directions
- Ask and answer who, what, when, and where questions
- Play well with others in a group
- Enjoy games and follow simple rules
- Recognize my printed name
- Name 3-6 colors
- Can count a small group of objects